d the Council

p Becomes Required

was introduced to lunteers keep youth

tion principles into the ing Scouts (and their e and avoid dangerous nt cyberbullying.

award like the Whitlin' now required for Scout all Cub Scout ranks.

ed program for every s are encouraged to very year. This keeps ne way they use the rows. Many units also neir Cyber Chip before electronic devices on vities.



ww.Scouting.org/CyberChip.aspx. Cyber Chip patches are available

raining

AC conducted several training sessions for Pack Lion Guides, District anyone interested or involved with the new Lion Pilot. Our first session efore July 4th and we still had a packed room! More than 60 people

the required training from the BSA along with information about the de available and details about what's happening specifically with the also got to network with others who will be involved in the Lion Pilot.

a pack that is part of the Lions Pilot, or you were unable to attend one vant to learn more, please contact your district executive.



Newest Units

ars we recognized all the new units in the NCAC family each month ents e-newsletter. Earlier this year we decided to stop including that / let us know they missed it - which is a great demonstration of Scout ing it back!

nits will be featured on our Facebook page. To catch up on all the new ck out the list in our council newsroom at www.NCACBSA.org/News.

Scouting for Food!

Nov. 5: Bag Distribution, Nov. 12: Food Collection

The council's largest service project, and the region's largest food drive, will take place again this fall, addressing the very real problem of hunger in our area and rooted in the foundation of Scouting: "to help other people at all times."

Food collected stays in your community, and fosters a sense of Scouting duty in those who participate. Most districts will distribute bags to units at their October Roundtable, and set up food collection points on 11/12.

Units can "Be Prepared!" for this effort by appointing project leaders and making a plan. Think about ways to promote this food drive in your communities. Consider setting up your own collection point outside of a store (ask the store manager how to do this).

And importantly, do not forget to report your participation and food totals on the council website and your service hours on the Journey to Excellence website, so that we can tell the community about our efforts.

Thank you to our co-sponsors to the event: Safeway, WTOP, WUSA0, and Capital Area Food Bank!

Eagle Career Day 2016



More than 50 Eagle Scouts turned out for the 2016 Eagle Career Day. This year's event was held at the Tegna Conference Center in Tysons, providing a very elegant setting for our conversations. As recipients of their program's top awards, the event is also open to Sea Scout Quartermasters and Venturing Silver Awardees. This year we had several Venturing Silver Award Recipients, including one female Venturer.

As in past years, the bulk of the event was devoted to "career speed dating." Eagles spent 20 minutes in small groups at a table with an expert in their field of interest, asking insightful questions and learning how to start a potential career. Each Eagle visited three tables in this way, benefiting from multiple mentors. This year the event also



Siblings and Venturing Silver Award recipients Elizabeth and Anthony Justus represented Crew 264 at Eagle Career Day

included a session for the full group on how to use LinkedIn in job and internship hunting. This session was presented by Eagle Scout Andrew McCoy, a business development manager with technical recruiting firm Aerotek.

Our keynote speaker was Dr. Michael Manyak, a Distinguished Eagle Scout, vice president of the National Eagle Scout Association, fellow of the Explorer's Club, and author of the book Lizard Bites & Street Riots: Travel Emergencies and Your Health, Safety & Security. Dr. Manyak discussed what it means to be an explorer, shared pictures of some of his most notable expeditions - including the first journey to the wreck of the Titanic - and explained how being an Eagle Scout prepared him to be an explorer. He also previewed the upcoming new Exploration Merit Badge which features a very familiar hat and whip.

Thank you to our sponsors who made this year's event possible: Miller's Office Supplies and JLL. Thanks as well to our speakers and to Tegna for the excellent venue, and congratulations to all of this year's new Eagle Scouts, Quartermasters, and Silver Award Recipients!



Keynote speaker and Distinguished Eagle Scout Dr. Michael Manyak explained how Scouting prepared him for a life of adventure